

Back to the office

Cleaning, Disinfection and Hygiene within workplaces

A clean working environment has always been a healthy one and this is especially true as companies start to manage the process of re-opening office buildings.

Updating your cleaning methods, processes and products is an important part of protecting the staff and visitors. Also by placing special attention on the most frequently touched areas you give added visual assurances they are working in a clean environment.

At Vileda Professional we have created this PDF to support the process. If you would like further information contact your Vileda Professional representative to arrange a site visit.

Why infection prevention is not just for healthcare

Infection prevention looks at 'all activities aimed at breaking the infection chain' and is mandatory in all healthcare sites. This same focus is relevant to the cleaning process in all sites to protect everyone who enters the building.

Germs do not move themselves. They depend on indirect transmission (people touching surfaces), direct transmission (people coming into contact with each other or animals) and other transmission routes like coughs, sneezes or food.

A blue rectangular box with the text "Image here" in white, centered within the box.

Working hygienically in all sectors has increased in recent years. However now is the time to refresh the cleaning frequency, protocols, equipment and personal hygiene measures (e.g. washing hands) to significantly reduce the risk of transmission in your site.

Which cleaning method is hygienically right for you?

Experience from cleaning Healthcare sites shows significant improvements in hygiene can be achieved by implementing the correct cleaning method (e.g. pre-prepared one mop/cloth per room area).

Understanding the risk level of your site is a starting point:

- Higher Risk: Hotels, Bars, Restaurants, Gyms, Airports. Large turnover of visitors, often from multiple countries and visit even if unwell.
- Medium Risk: Education, Offices. Lower number of visitors, semi-public and therefore easier to control

It is also important to understand the main types of cleaning methods used by professional cleaners as not all methods work in every site and situation:

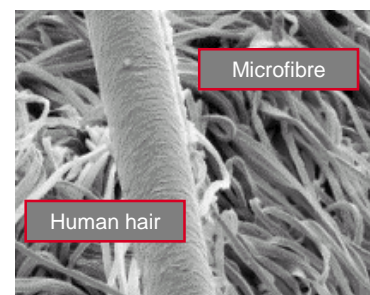
Method	Process	Hygiene Level
Bucket Bucker & Press	<ul style="list-style-type: none"> • Bucket of cleaning solution is made up • Cloth/mop is dipped into solution and wrung out • Cloth/mop is used to clean surface and returned to bucket • Cloth/mop used many times in different areas 	<ul style="list-style-type: none"> • Low: Strongest risk of cross contaminating • Same cloth/mop used in many areas, passing contaminants between areas • Dirt released from cloth/mop after use into bucket contaminating cleaning solution
Spray	<ul style="list-style-type: none"> • Cloth/mop or surface directly sprayed with solution • Surface wiped clean • Next area sprayed and wiped clean • Cloth/mop mostly used many times in different areas (but can be clean cloth/mop per room) 	<ul style="list-style-type: none"> • Medium risk of cross contamination • Spray bottle ensures no dirt released into cleaning solution used in next area • Spray bottle/canister can become contaminated when emptying and refilling • Often same cloth/mop used in many areas, passing contaminants between areas
Pre- Prepared	<ul style="list-style-type: none"> • Multiple clean cloths/mops placed into bucket and dosed with cleaning solution or only cold water • Each cloth/mop used to clean one area and then put into laundry • A clean cloth/mop used to clean the next area 	<ul style="list-style-type: none"> • High: Very low risk of cross contamination • A clean cloth/mop used in each area • No central solution bucket • Reduced or no detergent residue at all, less risk of building a bio-film
Single Use	<ul style="list-style-type: none"> • Each mop or cloth moistened with detergent solution or only cold water Individually or in a batch • Each cloth/mop used to clean one area and then disposed • A clean cloth/mop used to clean the next area 	<ul style="list-style-type: none"> • Highest: Extremely low risk of cross contamination • A clean cloth/mop used in each area • No central solution bucket • Reduced or no detergent residue at all, less risk of building a bio-film • No laundry logistics

All Vileda Professional experts can advise on how changes to the process used will improve hygiene across your site..

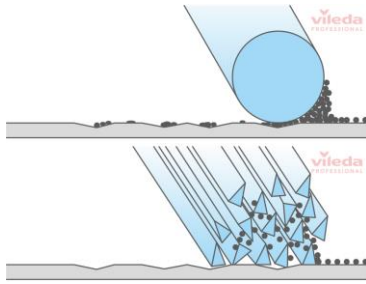
Not all MicroFibres are the same

Microfibers are very fine fibres with a fibre thickness of less than 1 dtex (1/100th size of a human hair) that clean better than conventional fibres because of their superior mechanical action and good absorbency. This removes higher levels of dirt and grease, reduces dependency on chemicals and leaves a streak free finish.

However, microfibers are not a one-size fits all solution, the composition, thicknesses and blends are the secret to consistent high performance (up to 99.99% bacteria removal) and low friction across a variety of surfaces.



Not all MicroFibres are the same



Microfibres remove and trap more dirt and bacteria from surfaces, trapping it inside and don't release back onto the surface



Nordic Swan certified products



Finest fibres on the market

Benefits of Vileda Professional microfiber products:

- Externally certified bacteria removal up to 99.99% (note: removed, not killed)
- Streak free cleaning: Only small droplets left on surface after cleaning, very low tendency to re-deposit germs & dirt back to surface
- Wide range of microfiber products for all surfaces and tasks
- Microfibres in different decitex qualities (Micron and Microfiber)
- Available in single use and machine washable formats
- Colour coded (Blue, Red, Green, Yellow and white)
- Supported by extensive usage, application advice and certification
- Assurance of consistent high quality production,
- Production also in Europe

At Vileda Professional, we have the knowledge and expertise to prove not all microfibers are the same.

No proper disinfection without cleaning

All surfaces have millions of microorganisms on them, some are good and others are bad for you. In the majority of circumstances, normal cleaning methods remove them from surfaces.

It is important to understand that correct disinfection without cleaning is not always possible. Not properly cleaning before disinfecting *can* result in a bad disinfection result. The quality of the cleaning products and ensuring all cleaners work according to the cleaning plans and protocols in a professional and consequent way brings the highest results.



High quality Microfiber cleaning products



Disinfectants



Hygienically clean surfaces

Many Vileda Professional mops and cloths are externally certified to remove up to 99.99% of bacteria. When used with disinfection chemicals you double your protection as you combine optimal removal and disinfection action in one efficient process.

For more information on virus and infection prevention, ask for the full Vileda Professional webinar

Frequently touched areas

Cleaning, Disinfection and Hygiene within workplaces

Alongside general cleaning processes special attention should be placed on the most frequently touched areas. To reduce the risk of transmission these surfaces should be cleaned more frequently.

Without being able to cover all contact points the most common are:

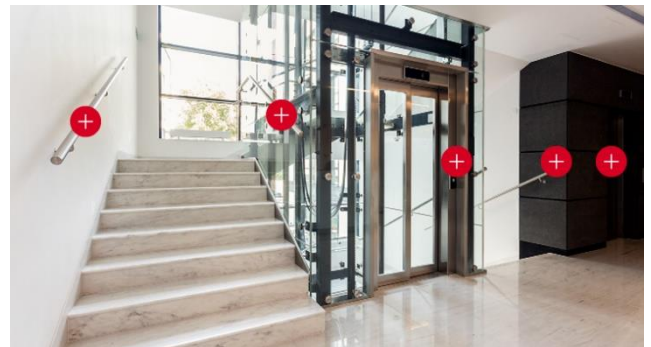
Offices

- Keyboards and mouse
- Phones
- Handles
- Chair arm rests
- Tops of dividers between desks
- Printers
- Waste bins



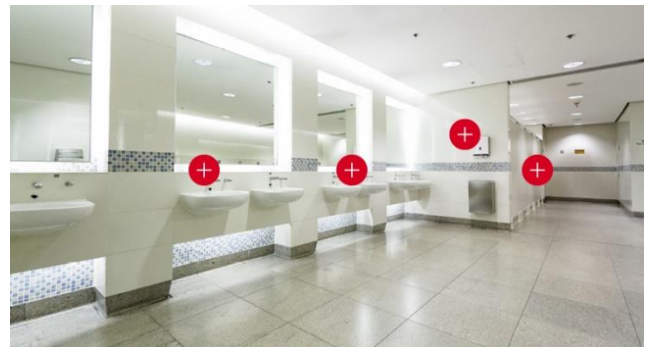
Staircases

- Handrails
- Switches
- Door security controls
- Door handles
- Elevator buttons



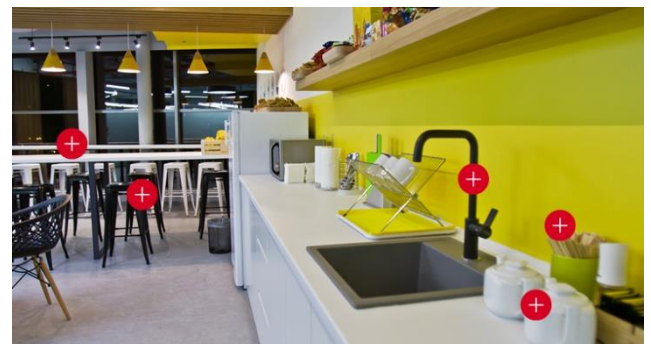
Public washrooms

- Handles and door locks
- Toilet push plates & handrails
- Sink taps
- Soap & tissue dispensers (if not touchless)
- Hand Dryer (if not touchless)
- Feminine hygiene depositories
- Baby changing stations



Staff rooms

- Door handles
- Coffee machines, microwave and dishwashers
- Cooking utensils and equipment (e.g. knives, chopping boards)
- Taps
- Tables and chairs
- Lockers



Recommended solutions

Cleaning, Disinfection and Hygiene within workplaces

Vileda Professional has a comprehensive range of solutions for use with all cleaning methods and available in durable and single use formats. By choosing the correct system for your requirements you can achieve better performance, ergonomics and lower your overall total cost-in-use.



UltraSpeed Pro

The best performing flat mop bucket and press system on the market. It is so easy to use it needs no training and is adaptable to suit all sites. Outperforms bucket-and-press systems in all areas:

- Cleans over 750 m²* per hour
- High-performance press – drier floors reducing slip hazards
- Hygienic – no hand contact with mops or cleaning solution
- Easy to use – no training required
- Compact – small footprint for space saving storage
- Ergonomic – lightweight, no bending or wringing



PVA Micro

Our most successful microfiber wipe PVA Micro achieves streak-free cleaning results with only one-step through a unique coating technology.

- Made from extra-fine microfibres for very high cleaning performance
- Advanced efficiency in the removal of fatty dirt for brilliant results
- Maximum absorbency for time-efficient cleaning of large areas
- Very quick and easy to rinse, no particles or hair stay in the wipe
- High coverage performance due to homogenous water release



MicronSolo (Stack and Roll)

MicronSolo is our single-use microfiber wipe with superior cleaning performance combined with excellent absorbency

- Made from the finest microfibres for superior cleaning performance
- Efficient removal even of fatty dirt
- 99.98% bacteria and germs removal certified by independent institute
- Very high absorbency for good spill pick-up
- MicronSolo Roll can be used together with our Roll Dispenser for easy handling



Multipurpose

Natural latex glove suitable for all-round cleaning tasks. Available in 4 colours.

- High durability natural latex glove offering excellent cost efficiency and high anatomical comfort in use
- Good chemical resistance against detergents and cleaning chemicals
- Pure cotton flock lining for comfort in use
- Colour-coded for maximum safety in fulfilling hygiene requirements
- CE Cat. III

Vileda Professional

Freudenberg Home and Cleaning Solutions GmbH, Im Technologiepark 19, 69469 Weinheim
E-Mail: vileda.professional@fhp-ww.com, www.vileda-professional.com